

**Highland
One Stop Shop
July Newsletter**

Issue 97

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Last Quarter: 1st, New Moon: 10th, First Quarter: 17th,

Full moon: (Thunder Moon) 24th, Last Quarter: 31st,

A warm welcome to all who are reading this newsletter.

Upcoming changes to our service.

As time goes on and we are starting to see the light at the end of the Covid-19 tunnel, here at HOSS we are starting to look at how we can safely continue to adapt to offer a great service for both our services users, their families/carers and our colleagues.

For the time being we will continue to use technology to support you until we are able to offer more groups and activities in person and for those of you that have enjoyed using Skype to keep connected with the staff and other service users we would like to continue providing some Skype groups alongside the regular groups which we hope we are able to start providing again soon.

The booked place Drop-in sessions are available 2 days a week,

Please speak to Jeni if you would like to book a place.

We will keep you updated as soon as we are able to make changes to our Calendar.

Please keep a look out on social media and for our regular email Newsletter and Calendar each month.

Please see below for the individual staff members contact details and contact them directly to arrange a phone or Skype appointment with them or to find out more about the new Drop-in system.

Andrew Denovan:

andrew.denovan@aiscotland.org.uk

Skype email: autismhoss@outlook.com

Kirsten Smail:

kirsten.smail@aiscotland.org.uk

07741264814

Skype email: hosskirstensmail@gmail.com

Gill MacLennan:

gill.maclennan@aiscotland.org.uk

07850308237

Skype email: hossgillmaclennan@gmail.com

Jeni Pacitti:

jennifer.pacitti@aiscotland.org.uk

07741264812

Skype email: jenihosspacitti@gmail.com

Skype Sessions we are holding instead of Groups and Activities

Gill is holding a Skype Coffee Club on Monday's between 1:30-2:30pm as well as the Thursday Coffee club held between 11-12 midday. Thursday Coffee Club will also meet out occasionally for a walk and coffee out too.

If you would like to join Gill on a Monday or a Thursday for the Skype Coffee Club please get in touch.

You can email Gill : gill.maclennan@aiscotland.org.uk you can call her on: 07850308237 or you can Skype Gill and give her a wave on: hossgillmaclennan@gmail.com and then Gill can add you to her contact list on Skype and invite you to the call.

Why not join Jeni on a Tuesday afternoon between 3-4pm using Skype to have a catch up with some of our other service users who may also be missing the Drop-in sessions and the Activities that we used to attend together for some respite from the isolation as we wait for the restrictions to end and things to become a little bit more familiar to us.

Jeni will also be holding our usual Coffee and Cake Chat Club on a Friday afternoon through Skype and if you would like to join us from the comfort of your own home it would be great to see you.

We will be holding our Friday Coffee and Cake Skype Club between 3-4pm so just let Jeni know you want to join in and she will add you to the call.

We will also be holding our booked place Drop-in sessions on Wednesdays and Fridays between 12-2pm.

This will require us to conform to the current guidelines and we will need to book individuals a place rather than allowing it to be open for anyone to turn up and join us.

This may result in a waiting list but we will do our best to let everyone who would like to join us have a chance to join us.

Unfortunately if you turn up on the day expecting to just Drop-in you will be asked to leave as we must stick to all the guidelines including those on how many people are in the building.

If this is something you would be interested in please contact Jeni or Kirsten to book your place.

You can email Jeni: Jennifer.pacitti@aiscotland.org.uk or you can text Jeni on: 07741264812

You can email Kirsten : kirsten.smail@aiscotland.org.uk