

**Highland
One Stop Shop
April Newsletter
Issue 58**

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**last quarter; 8th : new moon; 16th: *First Quarter*; 22nd: (*Planters Moon*) Full Moon; 30th:
A warm welcome to all who are reading this newsletter.**

Funding Update

We are absolutely thrilled to announce that we have received a very generous donation from an anonymous donor for the Highland One-Stop Shop.

In addition to this, we have received some one off transitional funding from the Scottish Government.

Unfortunately, we have had to undertake some efficiencies, due to the lack of full funding for the service, and we are still left with a considerable gap to fund.

However, we are pleased to let you know that Autism Initiatives are committed to continuing to seek funding to allow the HOSS to keep operating for another year!

This means that from April 2018 until the end of March 2019, we will be continuing to support individuals and the community in their capacity building.

We have listened to your feedback during our evaluation and recognise the importance of having a base as part of our One Stop Shop model. We will therefore be moving into a fantastic building on Friars Street in April.

We will organise a gathering to celebrate this news and welcome you to the new base for a party on Friday 20th April.

We hope you are as happy as we are with the news.

We thank you all, so much, for your continued support.

Contact details for our Outlying Areas:

Skye - contact: kirsten.smail@aiscotland.org.uk

Drop-in Session: Monday, 9th: at YMCA, Portree 2.30—4.30pm

Lochaber - contact: andrew.denovan@aiscotland.org.uk

Drop-in Session: Thursday, 19th: at Caol Community Centre Fort William 2—4pm

Caithness - contact: kirsten.smail@aiscotland.org.uk

Drop-in Session: Monday, 23rd: at Stepping Stones, Thurso 5.30—7.30pm

Badenoch & Strathspey- Please contact: jennifer.pacitti@aiscotland.org.uk

Ullapool - Please contact: gill.maclennan@aiscotland.org.uk

Please contact a member of staff if you would like a 1-1 appointment.

Pre-Diagnosis Group Drop-in Sessions

Our Pre-Diagnosis Drop-in sessions will be held on Monday 2nd at The CYC Building in Banks Street and Monday 16th April in our new premises in Friar Street.
Between 12-2pm for those on the waiting on the list to have an assessment.
Please contact Jeni if you would like any further information about this group.

HOSS Coffee Clubs

The open to all Coffee Club will meet on Thursday 19th between 11-12pm
@ The Velocity Café.
If you would like to know more about this group please speak to Gill.

The Spectrum Support Group

For those of you that are in Inverness College, the College Support Group will be taking place on Thursday afternoons from 12-2pm.

Please check the Calendar for room number.
If you would like to know any more about this group please speak to Andrew Denovan or you can speak to Jeni.

Creative Writing

We will be meeting for our Creative Writing group on Tuesday 17th between 2:30-4pm.
Why not come along and join us if you have an interest in Poetry, Writing short stories or would just like to come along and find out more.

Snooker and Pool Group

During April we will be going to play Pool on Friday 6th and 20th and on Tuesday 24th at "The SoBar Snooker and Pool Club".

If you would like to join us, please meet outside SoBar at 12:30pm.

The only costs are £2 per person and for any refreshments you might like while we are there.

Please speak to Jeni if you would like any further information about this group or if you would like to attend.

Lunch Club

The lunch Club will be meeting on Tuesday 3rd at 12:30, outside "The Caledonian"
If you would like to join us please speak to Jeni.

Grub Club

Due to our move there will be no Grub Club this month.

Gourmet Group

This month we will be going to "The Filling Station" on Friday 27th April, meeting outside at 12:30.
The cost of something to eat and a drink will be approximately £15.
If you would like to join us for the Gourmet group please speak to Jeni or Gill as we do need to book our table in advance.

HOSS Cinema Club @ Eden Court

Unfortunately, we have not been able to confirm a film and date for our next Cinema Club, however as soon as we do we will upload the details to our Social Media pages.

If you would like to know more about the Cinema Group please contact Gill.

Games Group

We will be restarting our popular games group once we get settled into our new building.

Our new games group will be held every Wednesday between 2-4pm.

We will of course have a selection of Board games as well as Computer games for those of you who are interested in trying some new types of gaming.

We have a PlayStation, a Wii and x-box, as well as a large collection of games to choose from.

Service Users Forum

There will be no Service user forum this month.

This is an opportunity for service users who would like to support our service to share their ideas for the service.

If you have any ideas you would like to share you could always send us an email via the Service Users Forum email address: hoss.suf@outlook.com or you can pass on your ideas to Cal and she will share them with the rest of the group.

Staff Contact Details

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Coffee & Cake club-Friday weekly

Creative Writing Group– 3rd Tuesday Monthly

Gourmet Group– 3rd Friday Monthly

Grub Club—1st Friday Monthly

Pool Group– 2nd and 4th Tuesday and 2nd and 4th Friday each Month

Pre-Diagnosis Group Drop-in Sessions –1st and 3rd Monday each month

Welcome to our new home

From 16th April you can find us at:

**1/1a Friars Street
Inverness
IV1 1RJ**

We look forward to moving into our new building and would like to invite you to come along on Friday 20th and help us celebrate.

**We will be celebrating moving into our new building,
Our 5th Anniversary
and
World Autism Awareness Month.**

If you would like to come along and join us we will be very pleased to see you, your parent, carer or support staff if they would like to come along and support you to access the party.

We will of course be providing a selection of party food to cater for Vegan and Vegetarian service users as well, although we do not have a cooker at the new building so will be unable to provide hot food for the party on this occasion.

Please speak to Jeni or Kirsten if you would like to bring food for the party.



www.highlandoss.org.uk

Please keep checking the website and our Facebook page for information and news on our drop-ins, courses, groups and events.